

LEARNING METHODS



VISUAL

Relies more on graphic aids compared to text
EX: diagrams, mind maps, flowcharts, and graphs

Applies to: Biology,
Geography,
Anatomy/Physiology,
Statistics

Everyone has a different learning style, so it's important to ensure you're using an appropriate style for your needs and subject matter!

TIP

AP Biology: print out textbook diagrams and label or color code them

AUDITORY

Relies on listening and discussing material
EX: lectures, videos, reading aloud, explaining concepts

Applies to: History, LOTE, Music, Literature

TIP

AP History: View Heimler's History
LOTE: Watch TV shows in the other language

NATURAL

Relies on observation and experimentation
EX: making connections to the world, hands-on experiments, viewing course material in real-time

Applies to: Chemistry, Biology, Physics, Engineering

TIP

AP STEM: Pay attention to labs and understand WHY there are certain outcomes

